**STUDENT LEADERSHIP COUNCIL of SD43**

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| **General Information** |  |
| Date | Tuesday, November 28, 2017 |
| Chairs of SLC | Sara Parker and Kelsey Stewart |
| Location and Room | Gallery Room, Winslow Centre |
| Guests (incl. Trustees) | Trustees Cahoon, Denison, and Hobson  Mental Health Coordinator Anna Lemmo  Curriculum Coordinator Michelle Ciolfitto  Assistant Superintendent Reno Ciolfi |

**MEETING ITEMS AND MINUTES**

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| **INTRODUCTION** | |
| **1307-1315** | Acknowledgement of territories, acknowledgements of trustees, Partner Group representatives, and teachers  Organized into home groups  Brief description and overview of today’s agenda  Today’s focus: Mindsets! |
| **HOME GROUPS** | |
| **1315-1320** | Everyone splits up into groups based on colour of duotang handed out. Groups each sit at own table with at least one executive member and one adult.  Intro to “Mindset” Presentation by Dr. Buhr : What I know, wonder and hope to learn worksheet  Reflections |
| **Dr. Kristin Buhr Presentation on Mindset** | |
| **1320-1350** | Questions to think about:  -What are mindsets?  -What kinds of mindsets are there?  -What is a fixed mindset? How can this be an advantage or disadvantage?  -What is a growth mindset? How can this be an advantage or disadvantage?  -Do you believe that people’s true potentials are unknown?  -Do you have a fixed or growth mindset?  -How often to do you challenge yourself to learn and grow more?  -Do you think mistakes and errors are bad things? How do you approach “failure”?  -How do you accept critical and effective feedback? What is your response?  -Do you persist when there are hardships?  -How do you feel when others succeed?  -Why waste time trying to prove how great you are when you could be getting better?  -Why hide deficiencies when you could be overcoming them?  -Do you persevere or give up when you’re frustrated?  -How do we change our mindset?  Steps to Developing a **Growth Mindset**   1. Learn to hear your “fixed” mindset voice 2. Recognize you have a choice    1. How you see challenges and learning are up to you    2. You can change your voice and how you interpret things 3. Talk back to your “fixed” mindset voice    1. My fixed mindset voice says…    2. My growth mindset voice answers… 4. Put the “growth” mindset in action    1. Take on/embrace challenges    2. Learn from setbacks    3. Use feedback to improve   MINDSET ACTIVITY  **1350-1425**  Mindset Worksheet for brainstorming “growth mindset answers” (done in home groups)  Goal is to come up with responses in your mind to defeat the motive that the fixed mindset gives through a persisting and willing work encouragement, without comparing how “well” you can look but being inspired by others success as well.  -I can learn from this.  -There’s always another way.  -I’m not amazing at this, but I put in my best effort and that’s what matters!  POWER OF YET:  -There is a difference between not knowing and not knowing *yet.*  -Things you find challenging,  growth mindset statement,  strategies to overcome my challenges,  do something different everyday.  CHALLENGES FOR A GROWTH MINDSET  -ask for help  -continue trying even after success  -be attentive to how you talk to yourself  -encourage other’s success (good leadership!)  -set goals and reminders  BENEFIT MINDSET (LEADERS!)  -focused on improve yourself and your group  -model a growth mindset  -don’t feel threatened by other’s success  -have a set goal or ultimate vision of why they do the things they do and how they do it  Debrief: -Believe that your intelligence can be developed  -Learn from criticism and feedback  -Effort is the path to success, don’t worry about where you are at now, but about how much better you can get  -Growth mindset will help you develop and grow |
| **JOURNALS** | |
| **1425-1430** | Individual reflections after meeting:  “What kind of goals can you set to challenge yourself?”  “How can you achieve a growth mindset each day?” |

**MEETING ADJOURNED AT 1430**

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